

COVID Effective Monday MAY 18, 2020 WITH ZOOM OPTION

Monday

START	END	CURRICULUM	h:min:Sec
4:00 PM	4:45 PM	RESERVED	0:45:00
4:45 PM	5:30 PM	LITTLE WARRIORS 1 & 2	0:45:00
5:30 PM	6:15 PM	BEGINNER JR DRAGONS -WHITE TO GREEN BELT	0:45:00
6:15 PM	7:00 PM	ADV JR DRAGONS/ H-GRN TO H-RED BELT OR FAMILY	0:45:00
7:00 PM	7:45 PM	ADV JR DRAGONS/TEENS/ADULTS ALL BELTS	0:45:00
7:45 PM	8:45 PM	SPORTS POOMSAE	1:00:00

Tuesday

START	END	CURRICULUM	h:min:Sec
4:00 PM	4:45 PM	CLEANING /SANITIZING	0:45:00
4:45 PM	5:30 PM	LITTLE WARRIORS 1 & 2	0:45:00
5:30 PM	6:15 PM	JR DRAGONS AND UP ALL BELTS/ FAMILY	0:45:00
6:15 PM	7:00 PM	**BLACK BELT CLUB 1 - BY INVITATION PURPLE TO RED BELT	0:45:00
7:00 PM	7:45 PM	**LEADERSHIP TEAM TRAINING H- RED AND BLACK BELT	0:45:00
7:45 PM	9:30 PM	**ADVANCE COMPETITION TEAM - INVITATION	1:45:00

Wednesday

START	END	CURRICULUM	h:min:Sec
4:00 PM	4:45 PM	CLEANING /SANITIZING	0:45:00
4:45 PM	5:30 PM	LITTLE WARRIORS 1 & 2	0:45:00
5:30 PM	6:15 PM	BEGINNER JR DRAGONS -WHITE TO GREEN BELT	0:45:00
6:15 PM	7:00 PM	ADV JR DRAGONS/ H-GRN TO H-RED BELT OR FAMILY	0:45:00
7:00 PM	7:45 PM	ADV JR DRAGONS/TEENS/ADULTS ALL BELTS	0:45:00
7:45 PM	8:45 PM	CLEANING /SANITIZING	1:00:00

Thursday

START	END	CURRICULUM	h:min:Sec
4:00 PM	4:45 PM	RESERVED	0:45:00
4:45 PM	5:30 PM	LITTLE WARRIORS 1 & 2	0:45:00
5:30 PM	6:15 PM	JR DRAGONS AND UP ALL BELTS/ FAMILY	0:45:00
6:15 PM	7:00 PM	**BLACK BELT CLUB 2- BY INVITATION PURPLE TO BLACK BELT	0:45:00
7:00 PM	8:45 PM	**ADVANCE COMPETITION TEAM - INVITATION	1:45:00
8:45 PM	9:30 PM	CLEANING /SANITIZING	0:45:00

Friday

Reserved for testing once a month

START	END	CURRICULUM	h:min:Sec
4:00 PM	5:20 PM	PRIVATE LESSONS	1:20:00
5:25 PM	6:25 PM	JUNIOR COMPETITION TEAM - BY INVITATION	1:00:00
6:40 PM	8:30 PM	**SPARRING COMPETITION TEAM - INVITATION	1:50:00
8:30 PM	9:00 PM	CLEANING /SANITIZING	0:30:00

Saturday

No regular classes on scheduled testing and tournament weekends

START	END	MORNING- CURRICULUM & MAKE UP	h:min:Sec
8:30 AM	9:55 AM	BLACK BELT CANDIDATES	1:25:00
10:00 AM	11:00 AM	ZOOM - WHITE BELT AND UP ALL AGES/ FAMILY CLASSES	1:00:00
11:15 AM	2:15 PM	**ARIZONA PRIDE CLUB STATE TEAM - INVITATION	3:00:00
		CLEANING /SANITIZING	

NOTES

IN PERSON CLASSES MUST SIGN UP ON SIGNUP GENIUS

Please Choose Classes appropriate to your age and rank and enrollment

Little Warriors 1= 3 1/2 to 4 yrs old

Little Warriors 2 = 5 to 6 yrs old

Beginner Junior Dragons = 7yrs to 12 Yrs old White to Green belt

Adv Junior Dragons = 7yrs to 12 Yrs old High Green to Black Belt

Teens and Adults = 13+yrs all belts

* FRIDAY SPARRING COMPETITION CLASS STARTS AT 745 ON TESTING DAYS

****These Classes are invitational and may require additional enrolment fees**

Regular membership up to 2x a week and/ or Make up classes

Black Belt Club members can attend any age appropriate classes except competition team

Competition team membership can attend any age appropriate class

Private lessons are available upon request

. Black Belt Club .Advance and Sparring Competition Team

.Arizona Pride Club .Leadership Team

