

CURRENT SCHEDULE

Monday

START	END	CURRICULUM	h:min:Sec
4:00 PM	- 4:45 PM	RESERVED	0:45:00
4:45 PM	- 5:30 PM	LITTLE WARRIORS 1 & 2	0:45:00
5:30 PM	- 6:15 PM	BEGINNER JR DRAGONS -WHITE TO GREEN BELT	0:45:00
6:15 PM	- 7:00 PM	ADV JR DRAGONS/ H-GRN TO H-RED BELT OR FAMILY	0:45:00
7:00 PM	- 7:45 PM	ADV JR DRAGONS/TEENS/ADULTS ALL BELTS	0:45:00
7:45 PM	- 9:00 PM	SPORTS POOMSAE	1:15:00

Tuesday

START	END	CURRICULUM	h:min:Sec
4:00 PM	- 4:45 PM	CLEANING /SANITIZING	0:45:00
4:45 PM	- 5:30 PM	LITTLE WARRIORS 1 & 2	0:45:00
5:30 PM	- 6:15 PM	JR DRAGONS AND UP ALL BELTS/ FAMILY	0:45:00
6:15 PM	7:00 PM	**BLACK BELT CLUB 1 - BY INVITATION PURPLE TO RED BELT	0:45:00
7:00 PM	7:45 PM	**LEADERSHIP TEAM TRAINING H- RED AND BLACK BELT	0:45:00
8:00 PM	- 9:45 PM	**ADVANCE COMPETITION TEAM - INVITATION	1:45:00

Wednesday

START	END	CURRICULUM	h:min:Sec
4:00 PM	- 4:45 PM	CLEANING /SANITIZING	0:45:00
4:45 PM	- 5:30 PM	LITTLE WARRIORS 1 & 2	0:45:00
5:30 PM	- 6:15 PM	BEGINNER JR DRAGONS -WHITE TO GREEN BELT	0:45:00
6:15 PM	- 7:00 PM	ADV JR DRAGONS/ H-GRN TO H-RED BELT OR FAMILY	0:45:00
7:00 PM	- 7:45 PM	ADV JR DRAGONS/TEENS/ADULTS ALL BELTS	0:45:00

Thursday

START	END	CURRICULUM	h:min:Sec
4:00 PM	- 4:45 PM	RESERVED	0:45:00
4:45 PM	- 5:30 PM	LITTLE WARRIORS 1 & 2	0:45:00
5:30 PM	- 6:15 PM	JR DRAGONS AND UP ALL BELTS/ FAMILY	0:45:00
6:15 PM	7:00 PM	**BLACK BELT CLUB 2- BY INVITATION PURPLE TO BLACK BELT	0:45:00
7:15 PM	9:00 PM	**ADVANCE COMPETITION TEAM - INVITATION	1:45:00

Friday

Reserved for testing once a month

START	END	CURRICULUM	h:min:Sec
4:00 PM	- 5:20 PM	PRIVATE LESSONS	1:20:00
5:30 PM	- 7:00 PM	*JUNIOR COMPETITION TEAM - BY INVITATION	1:30:00
7:15 PM	*- 9:00 PM	*SPARRING COMPETITION TEAM - INVITATION	1:45:00

Saturday

No regular classes on scheduled testing and tournament weekends

START	END	MORNING- CURRICULUM & MAKE UP	h:min:Sec
8:30 AM	- 11:00 AM	RESERVED	2:30:00
11:15 AM	- 2:15 PM	**ARIZONA PRIDE CLUB STATE TEAM - INVITATION	3:00:00
		CLEANING /SANITIZING	

*** JOINT JR AND SR COMPETITION CLASSES ON TESTING FRIDAYS STARTS AT 745 OR AFTER TESTING FOR 1 HOUR**

NOTES

Please Choose Classes appropriate to your age and rank and enrollment

- Little Warriors 1 = 3 1/2 to 4 yrs old
- Little Warriors 2 = 5 to 6 yrs old
- Beginner Junior Dragons = 7yrs to 12 Yrs old White to Green belt
- Adv Junior Dragons = 7yrs to 12 Yrs old High Green to Black Belt
- Teens and Adults = 13+yrs all belts

**These Classes are invitational and may require additional enrolment fees

Regular membership up to 2x a week and/ or Make up classes
 Black Belt Club members can attend any age appropriate classes except competition team
 Competition team membership can attend any age appropriate class
 Private lessons are available upon request
 Belt test minimum every two months if requirements are met
 Cancellation policy, written notice to email 60 days in advance
 Sparring gear after yellow belt
 Black Belt Club .Advance and Sparring Competition Team
 Arizona Pride Club .Leadership Team

