

Effective Monday April 17, 2017

Monday

Start	End	Curriculum	h:min:Sec
4:00 PM	- 4:45 PM		
4:45 PM	- 5:30 PM	Little Warriors 1 & 2	0:45:00
5:35 PM	- 6:30 PM	Beginner Jr Dragons (white to green)	0:55:00
6:35 PM	- 7:30 PM	Adv Jr Dragons/Teens/Adults all belts	0:55:00
7:35 PM	- 8:30 PM	Adult Class All Belts/ Private Lessons	0:55:00

Tuesday

Start	End	Advance Training / Sports TKD	h:min:Sec
4:00 PM	- 4:45 PM		
4:45 PM	- 5:30 PM	Little Warriors 1 & 2	0:45:00
5:35 PM	- 6:30 PM	Jr Dragons and up All belts/ Family	0:55:00
6:30 PM	- 7:25 PM	Black Belt Club - By Invitation	0:55:00
7:30 PM	- 9:00 PM	Teens/ Adult/Comp Team	1:30:00

Wednesday

Start	End	Curriculum	h:min:Sec
4:00 PM	- 4:45 PM		
4:45 PM	- 5:30 PM	Little Warriors 1 & 2	0:45:00
5:35 PM	- 6:30 PM	Beginner Jr Dragons (white to green)	0:55:00
6:35 PM	- 7:30 PM	Adv Jr Dragons/Teens/Adults all belts	0:55:00
7:35 PM	- 8:30 PM	Sports Poomsae	0:55:00

Thursday

Start	End	Sparring	h:min:Sec
4:00 PM	- 4:45 PM		
4:45 PM	- 5:30 PM	Little Warriors 1 & 2	0:45:00
5:35 PM	- 6:30 PM	Jr Dragons and up All belts/ Family	0:55:00
6:30 PM	- 7:25 PM	Junior Competition Team	0:55:00
7:30 PM	- 9:00 PM	Adv Sparring Competition Team	1:30:00

Friday

Start	End	Curriculum - Make up	h:min:Sec
4:00 PM	- 5:20 PM	Private Lessons	1:20:00
5:25 PM	- 6:20 PM	Open Mat	0:55:00
6:25 PM	- 7:20 PM	Demo Team - Invitation	0:55:00
7:25 PM	- 8:50 PM	Sparring Competition Team	1:25:00

Saturday (No regular classes during testing and tournament weekends)

Start	End	Morning- Curriculum & Make Up	h:min:Sec
9:00 AM	- 9:55 AM	White belt and up All Ages/ Family Classes	0:55:00
10:00 AM	- 10:55 AM	Purple to Black All Ages	0:55:00
11:00 AM	- 11:55 AM	Reserved for Black Belt Candidates & Birthday Parties	0:55:00
12:00 PM	- 1:00 PM	Reserved for Black Belt Candidates & Birthday Parties	1:00:00
1:00 PM	- 4:00 PM	AZU Club Competition Team - Invitation	3:00:00

NOTES

Please Choose Classes appropriate to your age and rank and enrollment

Little Warriors 1 = 3¹/₂ to 4 yrs old

Little Warriors 2 = 5 to 6 yrs old

Beginner Junior Dragons = 7yrs to 12 Yrs old White to Green belt

Adv Junior Dragons = 7yrs to 12 Yrs old High Green to Black Belt

Teens and Adults = 13+yrs all belts

AZU = Arizona United

These Classes require
Additional enrolment fees

Regular membership up to 2x a week and/ or Make up classes

Black Belt Club members can attend any age appropriate classes except competition team

Competition team membership can attend any age appropriate class

Private lessons are available upon request

